

MAMMOGRAPHY, BONE DENSITY AND ULTRASOUND EXAM REMINDERS

Santa Fe Imaging Appointment: _____

Bring with you to exam: Signed physician's order, films or CD of priors related exams, insurance cards

Please arrive 15 minutes prior to exam for registration.

MAMMOGRAM

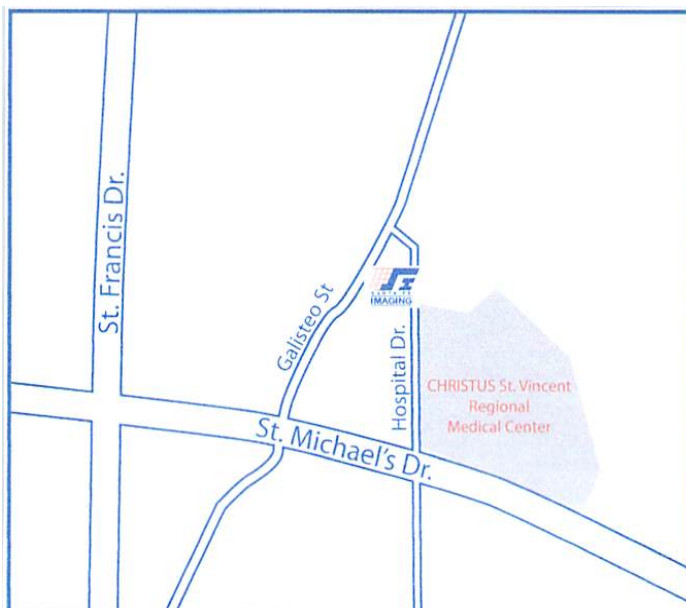
- To allow comparison of your current exam to previous exams, please bring films (or discs) of prior exams from other facilities with you to your exam at SFI, or ask the other facility to send copies to our Medical Records department before the date of your appointment.
- If possible, do not wear deodorant, powder or perfume to the exam.
- If feasible, wear two-piece clothing to facilitate preparing for the exam.

BONE DENSITY

- Take no calcium tablets the day before or the day of the exam (within 24 hours).
- Ingest no dairy products on the day of the exam.
- If feasible, wear clothing with NO zippers.

ULTRASOUND

- 1st Trimester (less than 14 weeks, 0 days): drink 32 oz. of water, finishing 1 hour prior to exam. DO NOT empty bladder.
- 2nd or 3rd Trimester (greater than or equal to 14 weeks): no preparation needed.
- Pelvic: drink 32 oz. of water, finishing 1 hour prior to exam. DO NOT empty bladder.
- Renal: drink 24 oz. of water, finishing 1 hour prior to exam. DO NOT empty bladder.
- Abdominal: nothing by mouth after midnight prior to the exam (except medications with a minimal amount of water).
- If feasible, wear clothing with NO zippers.



Santa Fe Imaging, LLC
1640 Hospital Drive, Santa Fe, NM 87505
Tel: 505-983-9350, Fax: 505-954-4253
www.santafeimaging.com